

Fructus momordicae, called Luohanguo in Chinese, is primarily grown in southern China's Guangxi Province, with the majority coming from the mountains of Guilin. In China, traditional Chinese doctors have used Luohanguo as an expectorant, to fight heat stroke, acute or chronic throat inflammation, aphonia, and chronic cough for centuries.

The sweet compounds from Luohanguo is about 250 times sweeter than cane sugar and is extremely low in calories, so that it is a good natural sweetener for patients who suffer from diseases that forbidden ingesting sugar, such as diabetes, adiposity, high blood pressure, and cardiopathy.



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